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## Product information

From [Health Canada](#)

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**Natural Product Number (NPN):**

80058191

**Current status:**

Active

**Brand name(s):**

Dr. J. Horny Ox-Xs;  
50+ Adults Formula;  
Yin Yang Huo

**Licence holder:**

Holy Land Traditional Medications

**Dosage Form:**

Powder

**Recommended route of administration:**

Oral

**Recommended dose:**

Sub population (Sub Pop.)					Quantity (Qty)				Frequency (Freq.)			
Sub Pop.	Age	Min.	Max.	UoM <sup>1</sup> Age	Qty	Min.	Max.	UoM Qty	Freq.	Min.	Max.	UoM Freq.
Adults					1.0			tea spoon	2			day(s)

## Footnotes

<sup>1</sup> UoM: Unit of Measure

**Recommended use or purpose:**

Horny Goat Weed known in Chinese Herbal Medicine for tonifying the kidney yang (aphrodisiac).

Tribulus terrestris traditionally used in Ayurveda as aphrodisiac for men (stimulate or intensify sexual desire for men)

Royal Jelly provides antioxidants and Used in Herbal Medicine as a nutritive tonic.

Maca helps to support emotional aspects of sexual health.

**Risk Information:**

Cautions and Warnings

If you are pregnant or breastfeeding, consult a health care practitioner prior to use. Consult a health care practitioner prior to use if you are taking antidepressants, or are taking blood thinners or if you have high blood pressure or if you suffer from any psychological disorder and/or condition such as frequent anxiety or depression. Do not use if you have fire from yin deficiency.

Contra-Indications

If you have a history of asthma or allergies, do not use this product.

Known Adverse Reactions

Hypersensitivity/allergy has been known to occur; in which case, discontinue use. Diuretic effect may occur.

**List of medicinal ingredients:**

<b>Medicinal ingredients</b>	<b>Quantity (Qty)</b>	<b>Extract</b>	<b>Potency</b>
Epimedium grandiflorum	3.0 g		
Lepidium meyenii	1.5 g		
Royal jelly	1.0 g		
Tribulus terrestris	1.5 g		

**List of non-medicinal ingredients:**

- Citric Acid Anhydrous
- D-Fructose
- Honey flavour
- Honey powder
- Maltodextrin

**Date of licensing:**

2015-02-16

**Revised date of licence:****Application information**[User guide](#)[Terminology guide](#)**Related information**[Compendium of monographs](#)**Contact us**

For technical support or if you have general questions concerning the content of this database, please contact the [Natural Health Products Directorate \(NHPD\)](#).